

Achieving Wellness with the “Uchina Health and Productivity Management”

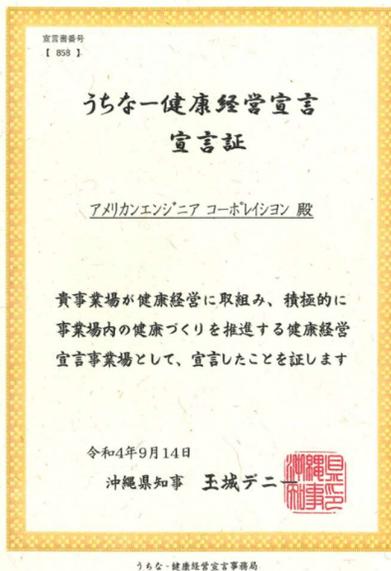
Building a Company with Smiles and Health



Our company is officially registered under Okinawa Prefecture’s “Uchina Health and Productivity Management”. This is an initiative where companies pledge to strategically implement health management practices for their employees.

■ Message from the President

"At AEC, we believe that supporting the health of each and every employee is fundamental to the company’s foundation. We are committed to creating a workplace where everyone can work energetically, both mentally and physically. By taking small steps, we will build a workplace filled with smiles and a sense of fulfillment.



◇ Our Initiatives

- Full implementation of legally mandated health checkups and follow-ups.
- Conducting health checkups at least once a year.
- Providing appropriate health guidance for employees with findings.
- Employment accommodations in collaboration with occupational physicians.
- Enhancing mental health care.
- Offering in-house counseling services by clinical psychologists.
- Establishing a health consultation system with occupational physicians and nurses.
- Promoting preventive healthcare measures.
- Implementing initiatives to raise employee health awareness.
- Creating opportunities for exercise.
- Supporting blood pressure management.
- Enforcing comprehensive infectious disease prevention measures.
- Achieving work-life balance.
- Supporting the balance between medical treatment and work.
- Encouraging health checkups for employees’ families.

Through these efforts, AEC aims to promote the physical and mental well-being of every employee while fostering a vibrant and energetic workplace.